

Health Policy regarding illnesses, medication and nutrition

Al-Falaah Educare has a moral and legal obligation to safeguard its learners, staff and visitors against injury and diseases as well as against risks to health and safety within the educare's premises.

The Educare, therefore aims:

To create a workable framework for monitoring of child immunisation. To ensure correct nutrition of children. To guarantee quick and effective response to illness and health emergencies.

Cleanliness and germ Prevention

All surfaces are wiped down at the start and end of each day. All surfaces and furniture are disinfected regular. All toys are washed once a week or when necessary. Tables are kept germ free. Sharing of toothbrushes, cutlery, cups and plates are forbidden.

Child and Adult Hygiene

Hand washing schedules are built into the educare's day. Cuts and grazes are seen to immediately with disinfected and plasters. All adults dealing with blood and bodily fluids wear waterproof latex gloves.

Procedures in case of illness or accidents

Children who become ill will be kept separate from others, and parents are contacted to take them home. In the event of severe accidents, the child will first be taken to the clinic or doctor then the parent will be contacted if necessary.

Medication / Medicines

No medicines of any kind are allowed on the premises. The educare will not take responsibility for medication administered to any child unless the child suffers from any chronic disease.

Immunisation

All children must be immunised. Parents are advised to take their own children for immunisation.

Nutrition

The educare is permitted to provide healthy and balanced nutrition to all children within its care on a daily basis. The dietary requirements of individual children will be respected. Parents should see to their children own needs. Parents are advised to pack a healthy snack box for their children. (Healthy snack bar, veggies, fruit, yogurt etc). No sweets, chips and gas cool drinks should be provided in snack box. Veggies, juice, fruit and yoghurt should be packed in a plastic bag.

Health and Hygiene Education

Children will spend time learning about and practising hygienic habits. Information on healthy eating nutrition will be shared to the appropriate age group. Parents should also implement these values at home.

Contagious Childhood Illnesses (scabies, measles, mumps and chicken pox)

Any child who suffers from above should be kept at home until completion.
Any chronic illnesses such as TB, Diabetics and HIV/AIDS should be disclosed.

All children are unique therefore we manage practices and use protective measures to attend to each individual at the best of our ability.

Thanks

Mrs. A. Peters
Manager